

HAIR REMOVAL PRE-TREATMENT PROCEDURE



INSTRUCTIONS

- **DO NOT** wax, bleach, tweeze or pluck the area to be treated for a minimum of 6 to 8 weeks prior to your first treatment. Photographs will be taken before treatment to record hair density.
 - Laser Hair Removal treatments must have all areas cleanly shaven and free of any lotions, powders or deodorants before each treatment.
 - Alternative methods during this time are shaving and trimming with manicure scissors.
 - Avoid sun exposure, tanning beds and self-tanning creams for a minimum of 4 weeks prior to treatment, and throughout the course of your treatment.
 - A broad spectrum UVA/UVB sun screen of SPF 30 or greater should be applied to the areas treated, whenever exposed to the sun.
 - If your skin has a suntan or sunburn, your scheduled treatment will be postponed due to the possibility of burning your skin with the pulsed light treatment.
 - On the day of your treatment, we recommend you wear loose fitting, comfortable and washable clothing.
 - If you tend to get cold sores, fever blisters or have genital herpes, you will need to start an anti-viral medication by prescription from your physician. This medication needs to be taken a few days before and after each treatment.
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PHOTOGRAPHIC CONSENT

_____ I hereby acknowledge that I have been advised that photographs will be taken of me or parts of my body before and after procedures. The photographs will be taken by one of the staff from Achieve Beautiful Skin.

_____ I hereby give my consent for Achieve Beautiful Skin to use the photographs the following circumstances:

- ALL MEDIA WEBSITE PHOTO ALBUM

Client or Parent Signature _____ Date _____