

INTENSE PULSED LIGHT (IPL) PREPARATION



WHAT DO I NEED TO DO BEFORE THE TREATMENT?

In order to minimize any potential side effects, individuals preparing to undergo an IPL photofacial should:

- Avoid going in the sun without SPF 30 sunscreen (must contain UVA and UVB) filters for at least 4 weeks prior to treatment
- Ensure treatment area is free of sunburn, suntan, herpes outbreak (cold sores), inflammatory acne, eczema, hypo or hyperpigmentation
- Avoid over-the-counter blood-thinning agents for at least a week (Aspirin, Ibuprofen, or Aleve)
- Stop using any form of Vitamin A acid for at least 60 days, including retinoic acid, glycolic acid, tretinoin (Retin A) and alpha-hydroxy acids
- Stop using Accutane for at least 6 months
- Bring contact lens case and solution as you'll be required to remove contact lenses before treatment