

HAIR REMOVAL POST-TREATMENT PROCEDURE



INSTRUCTIONS

- Redness around the follicles should fade quickly the same day.
- Immediately after treatments, you can apply ice packs to reduce the redness or swelling at the treatment area.
- You should cleanse your skin with a mild cleanser or baby shampoo once or twice a day, if needed. Pat the skin instead of rubbing or scrubbing it.
- **It's important that the treated area is well moisturized.** Apply a mild moisturizer that does not contain any irritant three to four times a day for five days. After this time, you can apply it just once or twice a day.
- After the treatment, **do not shave** the treated area for at least 3 days.
- **Avoid excessive sweating** during the first 24 hours after treatment.
- Avoid any type of physical activity that will make you sweat, such as aerobic exercise, weight lifting, treadmill etc.
- Avoid direct sun exposure for 2 weeks. After 24 hours you may apply sunblock, at least a 30 SPF, as long as there are no breaks in the skin, crusting, scabbing, or inflamed areas.
- Make-up may be applied 24 hours after the treatment as long as there is no inflammation, irritation, or severe redness of the treated areas.
- If scabbing or crusting occurs, do not pick these lesions and apply natural petroleum jelly twice a day. If you remove the scab, it may leave a dark spot or scar.
- If an area becomes inflamed, apply Bacitracin ointment twice a day. Bacitracin is sold without a prescription in any drug store.
- Call us if you experience any unusual side effects.

Client or Parent Signature _____ Date _____